

## A Liturgy for Morning Prayer – after the Rev. Brian Zahnd

ADDRESS: Gracious God, Creator of heaven and earth, God of Abraham, Isaac, and Jacob, God of Sarah, Rebecca, Rachel, and Leah, God of Israel, God and Father of our Lord and Savior Jesus Christ, True and Living God who is Father, Son, and Holy Spirit, have mercy and hear our prayer.

FIRST PRAYERS: O Lord, open our lips, and our mouths shall proclaim your praise. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen [Alleluia, when not in Lent].  
O God, make speed to save us. O Lord, make haste to help us. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen, Alleluia [when not in Lent].

THE JESUS PRAYER: Lord Jesus Christ, Son of God, have mercy on me [a sinner]. [Based on Luke 18:13]

CONFESSION OF SIN: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

PRAYER FOR THE HOLY SPIRIT: Come Holy Spirit, fill the hearts of Your faithful and kindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy Your consolations; through Jesus Christ our Lord. AMEN

PSALM FOR THE DAY <http://www.lectionarypage.net> or Zahnd uses the Julian date to select the Psalm, so if it is February 3, the 34<sup>th</sup> day of the year, read the entire 34<sup>th</sup> Psalm (subtract 150 or 300 when you need to and start over). Julian dates conversion can be found at : [https://people.biology.ucsd.edu/patrick/julian\\_cal.html](https://people.biology.ucsd.edu/patrick/julian_cal.html) Here are the BCP psalms: [https://www.bcponline.org/Psalter/the\\_psalter.html](https://www.bcponline.org/Psalter/the_psalter.html) and NRSV <https://www.bible.com/bible/2016/PSA.1.NRSV>

GOSPEL READING: <http://www.lectionarypage.net> or use the Sunday Gospel reading.

THE JESUS PRAYER: Lord Jesus Christ, Son of God, have mercy on me [a sinner].

PSALM 23 LORD , you are my shepherd – I want nothing more. You let me lie down in green meadows; you lead me beside restful waters: you refresh my soul. You guide me to lush pastures for the sake of your Name. Even if I'm surrounded by the shadows of Death, I fear no danger, for you are with me. Your rod and your staff – they give me courage. You spread a table for me in the presence of my enemies, and you anoint my head with oil – my cup overflows! Only goodness and love will follow me all the days of my life, and I will dwell in your house, LORD, for days without end.

PSALM 91:1-2 You who live in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the LORD, "My refuge and my fortress; my God, in whom I trust.

### PRAY FOR FAMILY

PSALM 103:1-5 Bless the Lord, O my soul, and all that is within me, bless God's holy Name. Bless the Lord, O my soul, and forget not all God's benefits. The One who forgives all your sins is the One who heals all your infirmities; the One who redeems your life from the grave and crowns you with mercy and loving-kindness; the One who satisfies you with good things, and your youth is renewed like an eagle's. (NRSV and Inclusive Bible)

### THE LORD'S PRAYER

THE JESUS PRAYER: Lord Jesus Christ, Son of God, have mercy on me [a sinner].

LORD'S PRAYER (EXPANDED – improvising on the Lord's Prayer)

PETITION AND INTERCESSION

CONTEMPLATION (SITTING WITH JESUS, resting, listening)

PRAYER TO THE CRUCIFIED CHRIST: Lord Jesus, you stretched out your arms of love upon the hard wood of the cross that everyone might come within the reach of your saving embrace; so clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your name.

THE BEATITUDES Matthew 5: 3-11 Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will be shown mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

PRAYER FOR PEACE O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near. Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen

MAKE ME AN INSTRUMENT PRAYER: Lord, make me an instrument of your peace, where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy; O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood, as to understand; to be loved, as to love. For it is in giving that we receive. It is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

PRAYER FOR THE WEEK: Collect from Sunday (use for the whole week) <http://www.lectionarypage.net>

PRAYER FOR GRACE: Lord God, almighty and everlasting Father, you have brought us in safety to this new day: preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; thru Jesus Christ our Lord Amen.

PRAYER OF THANKSGIVING: Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving kindness to us and all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but, above all, for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with You and the Holy Spirit, be honor and glory throughout all ages. Amen.

KYRIE: Lord, have mercy. Christ, have mercy. Lord, have mercy.

CONFESSION OF THE MYSTERY: Christ has died. Christ is risen. Christ will come again.

THE JESUS PRAYER: Lord Jesus Christ, Son of God, have mercy on me [a sinner].

7/4/2022